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Coping Cat

Manual

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Our workbook titles include "The Coping Cat Workbook", for use with anxious youth and "The C.A.T. Project" for use with anxious

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adolescents. Treatment manuals for therapists For mental health professionals, counselors, educators, or those seeking written information about treatment programs to help youth with emotional, cognitive, and behavioral problems.

**Coping Cat -
Workbook
Publishing , Inc.**

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CBT to reduce anxious distress in youth. This newest edition is a revision of the original Coping Cat Workbook by Philip Kendall that has been in use since 1992. Sixteen therapy sessions promote coping skills for dealing with anxiety. The program can be adapted for use with individual youth or with groups.

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Workbook, Second Edition (Child Therapy ...

The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from 7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C.

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Kendall, PhD, ABPP,
and colleagues at the
Child and Adolescent
Anxiety Disorders
Clinic at Temple
University. A related
program called C.A.T.
Project is aimed at
adolescents aged 14 to
17. See publishers
webpage The goals of
the tr

Coping Cat -

Wikipedia

Evidence-based
manual for therapists

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to target anxiety symptoms using cognitive - behavioral therapy techniques, the Coping Cat curriculum.

Coping Cat Therapist Manual.pdf - Free Download

Coping Cat Workbook, Second Edition (Child Therapy Workbooks Series) by Philip C. Kendall and Kristina A. Hedtke | Jan 1, 2006
4.7 out of 5 stars 53

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Amazon.com: coping cat therapist manual

The treatment manual is coordinated with the Brief Coping Cat: The 8-Session Coping Cat Workbook. There is a chapter devoted to each of the sessions that appear in the accompanying workbook, and each chapter provides stated goals and explains the rationale for the treatment

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activities.

**Brief Coping Cat:
Therapist Manual for
the 8-Session ...**

The Coping Cat Program for anxious youth: The FEAR plan comes to life. Podell, J. L., Mychailyszyn, M., Edmunds, J., Puleo, C. M., & Kendall, P. C. (2010) Cognitive and Behavioral Practice, 17(2), 132-141.

Describes a flexible application of problem-

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solving (FEAR plan)
with anxious youth.

Child Anxiety Tales - Books and Therapist Manuals

There are
implementation guides
or manuals for Coping
Cat as listed below:
Therapist treatment
manual is available. It
can be purchased at www.WorkbookPublishing.com. Research on
How to Implement the
Program. Research has

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been conducted on how to implement Coping Cat as listed below:

CEBC » Coping Cat » Program » Detailed

The Coping Cat

Therapist: Session-By-Session Guide [DVD]

Practice Parameters

The American

Academy of Child & Adolescent Psychiatry

(AACAP) publishes

Practice Parameters on various conditions in

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child mental health.

**Child Anxiety Tales -
Therapist Training
Resources**

The Camp Cope-A-Lot and Child Anxiety Tales programs are based on the Coping Cat treatment, the most researched, well-established psychotherapy treatment program for anxiety in youth. It is the gold-standard treatment used in

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hospitals, clinics and schools around the world for children struggling with anxiety.

Child Anxiety Tales - Welcome

Hello, In this post we will show you particular dashing photos that we've gathered for people like you, in this gallery we are more concern related with Coping Cat Worksheets. By the way, related with

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Worksheets, we have collected various related photos to complete your ideas.

cat preposition worksheet, coping with anxiety worksheets and coping with anxiety worksheets are three of ...

13 Best Images of Coping Cat Worksheets - Cat Preposition ...

Coping Cat directly

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provides services to parents/caregivers and addresses the following: Parents are involved in the child-focused (individual treatment) program, and meet in sessions 4 and 9, as well as in other sessions as needed for the exposure tasks. There is also a family (parents included) treatment section.

See scale of 1-5

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**Child Welfare
System Relevance
Level: Medium**

The Coping Cat Program employs a cognitive-behavioral approach to helping children identify and manage their anxiety. The Parent Companion informs parents or caregivers about the experiences their child will have as he/she completes the program.

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**The Coping Cat
Parent Companion:
Philip C. Kendall,
Ph.D ...**

That study utilized the Coping Cat [now called C.A.T. Project for youth aged 12-18] treatment manual to examine predictors and moderators of treatment outcomes among youths meeting criteria for diagnoses of separation anxiety disorder, social phobia, or generalized anxiety

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disorder who were randomly assigned to receive either Coping Cat, sertraline (SRT), their combination (COMB), or medication management with pill placebo (PBO) in the Child/Adolescent Anxiety Multimodal Study (CAMS).

CEBC » C A T Project **> Program > Detailed**

This is the therapist's manual to the Coping Cat manual. It is

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broken down by session number and helps you prepare for the next session. It includes tips from other clinicians. It suggests activities, but does not closely follow the activities in the actual Coping Cat manual.

Cognitive-Behavioral Therapy for Anxious Children ...

The treatment manual is coordinated with the

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revised "Coping Cat Workbook." There is a chapter devoted to each of the sixteen therapy sessions that appear in the "Coping Cat Workbook", with explanations of and a rationale for the activities.

**Workbook
Publishing, Inc.**

Problem solving
benefits (2) Already a
component of several
evidence-based

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treatments, including anxiety treatments:
Coping Cat: Kendall, P.C. (2006) Coping Cat Workbook, 2nd Edition. www.workbookpublishing.com;

Katharina Manassis, MD, FRCPC
Professor of Psychiatry, U ...

The treatment manual is coordinated with the Brief Coping Cat: The 8-Session Coping Cat Workbook. There is a

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chapter devoted to each of the sessions that appear in the accompanying workbook, and each chapter provides stated goals and explains the rationale for the treatment activities.

Workbook Publishing, Inc.

The Coping with Anxiety Workbook contains assessments and guided self-

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exploration activities that can be used with a variety of populations to help participants cope more effectively with the various forms of anxiety. Each chapter of this workbook begins

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